

Nordby Center for Recreation

FALL HOURS (through September)

Mon. – Thurs. 5:00 am – 9:00 pm
Friday 5:00 am – 8:00 pm
Sat. & Sun. 8:00 am – 3:00 pm

FALL POOL SCHEDULE

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:30 – 8:00 AM	<i>Open</i>	<i>Open</i>	<i>Open</i>	<i>Open</i>	<i>Open</i>	Closed	Closed
8:00 – 9:00 AM	H2O Fitness	Aqua Zumba	H2O Fitness	Aqua Zumba	H2O Fitness	O P E N	O P E N
9:00–10:00 AM	<i>Open</i>	<i>Open</i>	<i>Open</i>	<i>Open</i>	<i>Open</i>		
10:00-11:00 AM	Hydro-Fit		Hydro-Fit		Hydro-Fit		
11:00-12:00 PM	Senior Time	Senior Time	Senior Time	Senior Time	Senior Time		
1:00 – 4:00 PM	<i>Open</i>	<i>OPEN</i>	<i>Open</i>	<i>OPEN</i>	<i>OPEN</i>		
4:00 – 6:00 PM		DWP		DWP	Closes @ 7:30	Closes @ 2:30	
6:15 – 7:00 PM							<i>OPEN</i>
7:00 – 8:30 PM							

***All schedules are subject to change by the Nordby Center for Recreation staff.
 *No open swim during swimming lessons, water aerobics, or Senior time. ** Pool closes ½ hour prior to facility!

FALL CLASS SCHEDULE

TIME	MON	TUE	WED	THU	FRI
5:45 – 6:30 AM	<i>POWER PACE</i>		<i>POWER PACE</i>		<i>POWER PACE</i>
6:00 – 6:40 AM		<i>POWER CUT II</i>	<i>FLOW</i>	<i>POWER CUT II</i>	
8:30 – 9:10 AM	<i>POWER CUT I</i>		<i>POWER CUT I</i>		<i>POWER CUT I</i>
9:20 – 10:00 AM	<i>SS CLASSIC</i>		<i>SS CLASSIC</i>		
12:10 – 12:50 PM		<i>BIKE & WEIGHTS</i>		<i>BIKE & WEIGHTS</i>	
5:15 – 6:00 PM	<i>PIYO</i>		<i>PIYO</i>	<i>FLOW</i>	
5:45 – 6:30 PM			<i>BIKE & WEIGHTS</i>		
6:15 – 7:00 PM	<i>ZUMBA</i>		<i>ZUMBA</i>		

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