



# Sports Acceleration Camp

4th-6th Grade Boys & Girls  
(2026-2027 school year)

**Train Hard. Move Faster. Build Confidence.**

Join our high-energy Youth Sports Acceleration Camp to help young athletes improve speed, agility, coordination, strength, and overall athletic performance—all in a fun, supportive environment.

## Camp Focus

- Speed & agility training
- Strength & conditioning fundamentals
- Footwork & coordination drills
- Balance & flexibility
- Confidence through movement and play



**Every Wednesday in June & July**

 **11:00 AM – 12:00 PM**

Please Tear Off and Return to NCR: Youth Sports Acceleration Camp

Annual Mem: \$70.00 Mon./Non-Mem: 95.00

NAME \_\_\_\_\_

GRADE \_\_\_\_\_

PARENT/GUARDIAN NAME/S \_\_\_\_\_

PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

EMERGENCY PHONE \_\_\_\_\_

*I, \_\_\_\_\_, parent/guardian of \_\_\_\_\_ am granting my permission for her/him to participate in Youth Exercise and Sport Training Camp with the understanding that the Nordby Center for Recreation or any one of its employees is responsible should injuries occur to my child before, during, or after this program. I acknowledge that inherent risks are involved.*

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**FOR ADDITIONAL INFORMATION CONTACT THE NORDBY CENTER 352-2627 OR CHECK OUR WEBSITE:**

<http://www.nordbycenter.org/>

Financial Assistance is available upon request and completion of paperwork and authorization from the director of the Nordby Center for Recreation.



**Train Today. Perform Tomorrow.**

