



NORDBY CENTER'S



Basketball Workouts

The next step in a player's development is conceptual learning: how to play the game!

With these high-intensity workouts, players will learn multiple basketball concepts such as pick and roll, off-ball movement and screens, backdoor cuts, post-ups, motion movement, and more! The workouts are designed to teach the skill sets needed to develop each athlete's individual skills and take their game to the next level.

RESERVE YOUR SPOT TODAY!!!

<u>SESSION DATES</u>	<u>GRADE</u>	<u>TIME</u>	<u>ANNUAL MEMBER COST</u>	<u>NON- ANNUAL MEMBER COST</u>
SUNDAYS October 19th – November 23rd	6th – 12th	4:00 – 5:15 PM	\$50.00	\$75.00

**Prices include tax*

-----Please tear off and return to the NCR with payment-----

MIDDLE / EARLY HIGH SCHOOL BASKETBALL

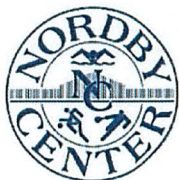
Name _____ Grade _____

Member (M) or Non-Member (NM) _____ Phone No. _____

Address _____

I, _____, parent/guardian of _____ am granting permission for him/her to participate in this basketball program and that the NCR, its employees, staff, Board of Directors, or the Huron Middle School or anyone of its staff or employees are not responsible should injuries occur to my child. I acknowledge that I have read this and understand that by allowing my child to participate, there are risks involved that are either foreseeable or not foreseeable, both on the court and in the facilities. I will not hold any party involved with this program responsible or liable for the consequences of sickness, accidents, harm, or injury caused by risks inherent to, from, or during this activity.

Parent/guardian signature _____



FOR ADDITIONAL INFORMATION CONTACT THE NORDBY CENTER 352-2627

OR CHECK OUR WEBSITE: <http://www.nordbycenter.org/>

Financial Assistance is available upon request and completion of paperwork and authorization from the director of the Nordby Center for Recreation. Financial assistance forms need to be submitted two weeks prior to the start of this program.

